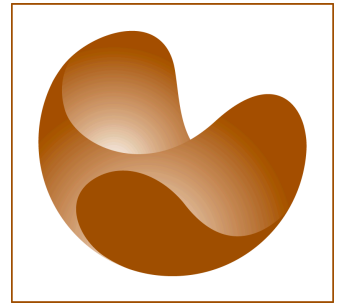


# Dexamethasone Information Sheet



Dexamethasone has been prescribed to help your ear, nose and throat problem. It acts as a powerful anti-inflammatory. It is often very effective, but can have some side effects you need to know about. It may not be wise for you to take this if you have diabetes, high blood pressure, stomach or intestinal ulcers, tuberculosis or psychiatric illness. Please let your doctor know if you have one of these conditions prior to taking this medication. Also, inform your doctor if you get an infection or wound while on the dexamethasone, as this medication can influence healing.

## **Potential side effects:**

Temporary increase in blood pressure, temporary increase of blood sugar and stomach irritation. Steroids may cause moodiness, euphoria, difficulty sleeping and temporary appetite changes.

Long term use can cause other side effects, however this course is short term and not likely to cause these problems. These long term side effects include, but are not limited to puffiness of the face, fullness of the neck, permanent joint damage and weight gain.