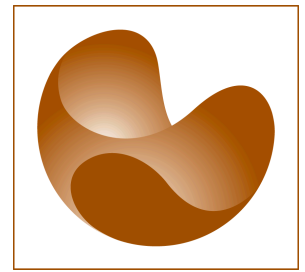


# MEDICATIONS TO AVOID BEFORE YOUR ENT SURGERY



Certain medicines that you may be associate with excessive bleeding at the time of your operation. Excessive bleeding during the operation could compromise the ultimate outcome of your operation. It is therefore important to avoid any of the medications listed below for at least 14 days (2 weeks before) before and after your operation.

If you are in doubt about whether it is safe to stop anyone of the medicines listed below, please contact your local doctor (or the heart specialist who prescribed the medication) as to whether it is safe to stop the medicine.

## **NON-PRESCRIPTION**

Aspirin  
Solprin  
Dispirin  
Ibuprofen  
Neurofen  
Aspro Clear  
Aspalgin  
Neurofen Plus  
Diclofenac

## **PRESCRIPTION**

Iscover  
Clopidogrel (Plavix)  
Warfarin (coumadin)  
  
Voltaren  
Celebrex  
Mobic

\*\* Always check the label: Other products may contain aspirin or salicylates \*\*

## **HERBAL AND NATURAL PRODUCTS THAT ARE ASSOCIATED WITH BLEEDING**

Echinacea  
Fish Oil  
Garlic supplements or tablets  
Ginger supplements or tablets  
Ginseng  
St John's Wort  
Gingko Biloba  
Vitamin E  
All Chinese Herbal teas or Chinese Herbal Medicines