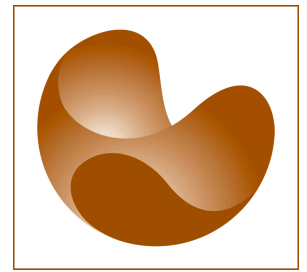


MEDICATIONS TO AVOID BEFORE YOUR ENT SURGERY



Certain medicines that you may be associate with excessive bleeding at the time of your operation. Excessive bleeding during the operation could compromise the ultimate outcome of your operation. It is therefore important to **avoid any of the medications listed below for at least 14 days (2 weeks before) before and after your operation.**

If you are in doubt about whether it is safe to stop anyone of the medicines listed below, **please contact your local doctor (or the heart specialist who prescribed the medication) as to whether it is safe to stop the medicine.**

NON-PRESCRIPTION

Aspirin
Solprin
Dispirin
Ibuprofen
Neurofen
Aspro Clear
Aspalgin
Neurofen Plus
Diclofenac

PRESCRIPTION

Iscover
Clopidogrel (Plavix)
Warfarin (coumadin)

Voltaren
Celebrex
Mobic

** Always check the label: Other products may contain aspirin or salicylates **

HERBAL AND NATURAL PRODUCTS THAT ARE ASSOCIATED WITH BLEEDING

Echinacea
Fish Oil
Garlic supplements or tablets
Ginger supplements or tablets
Ginseng
St John's Wort
Gingko Biloba
Vitamin E
All Chinese Herbal teas or Chinese Herbal Medicines