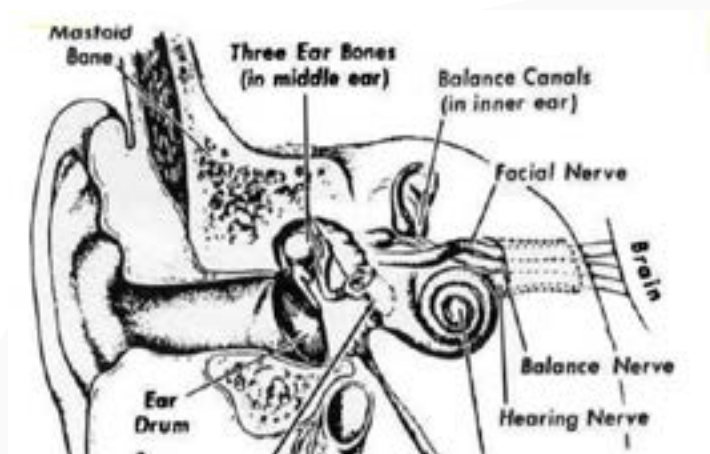


## TRANSTYMPANIC DEXAMETHASONE



### A New Treatment for Sudden Hearing Loss:

Injection of steroid into the middle ear is a relatively new treatment. Large numbers of patients have had this procedure, many with good results, however the long term efficacy and side effects are not certain. If treatment is successful it may need to be repeated since the effects are often temporary.

### Complications of the treatment include but are not limited to:

#### Eardrum Perforation:

There is a small risk of perforation of the eardrum with this treatment. It may occur in one out of a hundred patients. If it does not heal, a minor operation may be needed to correct the problem.

#### Ear Infection:

This is uncommon and would require antibiotic treatment if this occurred.

#### Loss of Hearing:

Usually this is due to the natural fluctuation associated with hydrops, however there is at least one case of loss of hearing following this procedure. The incidence is felt to be less than 1%.

#### Tinnitus:

This usually stays the same, however if hearing gets worse the ringing will be more pronounced.

#### Dizziness:

Occurs with the injection because of temperature change, but only lasts a minute. Prolonged dizziness is rare.

#### Taste Disturbance:

Uncommon, but can cause alteration or mouth dryness. May last a few weeks.

I have read and I understand the risks and complications of steroid injection. I have been informed of alternative treatments as well. I have had ample opportunity to discuss questions regarding treatment with the doctor. I electively wish to proceed.

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Signature of Patient

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Date

Should any question arise regarding your hearing and or balance impairment, feel free to call or write to our Clinic at any time.

Adapted from with permission from the Patient Discussion Booklet Series of the University of Utah Otolaryngology.